

Age Away - Facial & Exfoliation

A unique anti-ageing mineral body exfoliation, scalp massage and anti-age seaweed facial treatment that leaves skin fresh, cleaned and nourished & fine lines & wrinkles smoothed & plumped up.
60 minutes £45.00

Revive - Hot Stone Massage & Facial

Revive & restore your sense of well being with this lovely treatment. Begin with a warm peppermint foot compress followed by an aromatic hot stone massage with oils of your choice and finish with a luxury facial & scalp massage- ultimate pampering!
90 minutes £65.00

HANDS AND FEET

Spa Find - Hydrated Hands

This luxury hand treatment targets the signs of ageing with an exfoliation of the hands, relaxing massage and application of mud mask to help tone and firm the skin.
30 minutes £23.00

Spa Find - Fabulous Feet

This luxury foot treatment combines exfoliation to target dry skin on the feet, a mud mask to keep skin soft and supple and a soothing massage that will leave you feeling like your walking on air!
30 minutes £23.00

Spa packages for special occasions and larger numbers can be arranged - please telephone and we will be happy to discuss your requirements.

GIFT VOUCHERS AVAILABLE



The Treatment Room is a great place to unwind and escape the hustle & bustle of everyday life. From luxurious facials to hot stone massage & special treats for mums to be, we have a treatment to suit you. Many use Spa Find products - their unique blend of rejuvenating natural ingredients gives skin an instant boost, eases muscle tension & promotes deep relaxation.

Whatever you choose you will be treated with exceptional professional care that will leave you feeling pampered and recharged.

Appointments

It's best to make an appointment in advance; you can book at reception or telephone Hengar Manor on 01208-850382

All appointments include a consultation; this helps us give you the best treatment for your needs.

We do not recommend treatments during the first 12 weeks of pregnancy. Anyone under the age of 16 must be accompanied by an adult.

If you can't make an appointment, please give us 24 hours notice or the full cost of the treatment will be charged. If you are late for your appointment, the time will be deducted from your treatment time.

All prices are subject to change without prior notice.



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the TREATMENT ROOM



spa find
NATURAL MINERAL THERAPY

Hengar Manor Country Park

01208 850382
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Spa Find Mineral Treatments

Spa Find luxurious treatments utilize the natural powers of mud, salt and seaweed to tone and firm the body and face, ease muscle tension and deeply relax the body and mind. Our products contain allergen-free fragrance & no parabens, genetically modified organisms or animal ingredients.

Spa Facial Treatments

Express Elegance Facial

A mini-facial incorporating a full cleansing & toning sequence, exfoliation to brighten the skin & nourishing mud mask to suit your skin type.

30 minutes £26.00

Renewed Radiance Hydrating Mud Facial

This deeply hydrating facial is perfect for delicate and dehydrated skins. It helps to gently renew and revive the skin so that it feels toned and firm.

60 minutes £40.00

Balanced Beauty Deep Cleansing Mud Facial

A deep cleansing facial perfect for those with an oily t-zone or combination skin. It will help eliminate impurities, leaving skin feeling healthy and hydrated.

60 minutes £40.00

Perfect Purity Facial

This facial is used to combat oily problematic skins, helping to reduce shine and balance oil production. It will help minimize imperfections, hydrate skin and decongest pores.

60 minutes £40.00

Youthful You Anti-Ageing Facial

This luxury anti-ageing facial uses a unique peel-off mask combining Dead Sea Mud and seaweed, which brings immediate firming and hydrating results to the skin.

75 minutes £48.00

Aroma Face & Scalp Massage

For those of you that love pure massage—this is the one! A blend of aromatherapy oils will lavish the skin as well as releasing tension in the shoulders, face and scalp.

30 minutes £26.00

Body Treatments

Aromatherapy Massage

Aromatherapy combines the power of pure essential oils with massage including lymphatic drainage and acupressure techniques to help your body detoxify, relax and rejuvenate.

Scalp, Back, Neck & Shoulders - 45 minutes £36.00

Full Body Massage - 60 minutes £40.00

Hot Stone Massage

A powerful massage using hot basalt stones. Comfort, warmth and a deep level of relaxation occur during this treatment. An intense stress relieving experience.

Full Body Massage - 60 minutes £48.00

Swedish Massage

Rebalance your body with a combination of powerful massage techniques designed to keep the body supple, improve circulation, reduce stress and ease muscular and mental tension.

Full Body Massage - 60 minutes £40.00

Back, Neck & Shoulders -30 minutes £27.00

Back, Neck & Shoulders inc. hot stones— 30 minutes £30.00

Reflexology

A calming and soothing treatment that aims to revitalize and balance the whole body. Precise pressure applied to reflex points on the feet can improve circulation, detoxify, boost energy levels and promote health and well being.

50 minutes £35.00

Course of 4 Treatments £120.00

Reflexology and Massage

The ultimate remedy to help reduce tension, relieve aching muscles, calm the senses, leaving both body and mind in a total state of relaxation. A combination of massage and reflexology will be used to suit your individual needs.

90 minutes £58.00

Indian Head Massage

An invigorating treatment involving massage of the upper back, shoulders, neck & scalp. It is carried out in a seated position, with or without oils - a great pick-me-up!

30 minutes £26.00

Mum To Be Massage

This full body massage has been carefully designed to help provide comfort & relaxation during pregnancy. Massage can be of great physical & emotional benefit and bring relief from muscular tension and aches and pains.

60 minutes £40.00

Mum To Be Treat

Take the weight off your feet and enjoy an hour of pampering. This treatment begins with a fabulous foot massage and is followed by a luxury Spa Find Facial.

60 minutes £42.00

Learn to Massage

Learn to give your partner a wonderful massage during this couple's session. You will be shown how to use appropriate massage strokes to help ease away tension and soothe aching muscles. A great way of building confidence so you can use massage at home. Includes a bottle of oil to take home with you.

60 minutes £48.00

2-in-1 Treatments

Complete Calmness - Facial & Massage

A luxurious back massage that helps to relieve muscular aches & pains followed by a relaxing mineral mud facial that improves the texture of the skin and leaves it feeling soft and supple.

45 minutes £36.00

Pure Pleasure - Back Treatment & Massage

A luxurious back treatment including mud mask and exfoliation followed by a deep tissue massage to reduce tension and relieve muscular aches and pains. Leaving you with a complete sense of relaxation and soft, supple skin.

45 minutes £36.00

Silky Skin - Exfoliation & Massage

A full body exfoliation with the best-selling Spa Find Heavenly Hydration Salt Brushing followed by a back massage that helps to relieve muscular tension, leaving skin feeling silky smooth and deeply nourished.

45 minutes £36.00